Read the testimonials from Chinese participants in our clinical trials at the Pfizer Clinical Research Unit (PCRU) in Brussels

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FIRST TESTIMONIAL

How did you hear about the Pfizer Clinical Research Unit (PCRU)?

When I used the "Reverso" online dictionary, there was a popup. I clicked on it, and I saw an ad about Pfizer clinical trial recruitment. Then, I filled the form and subscribed.

Did you know before what clinical research is?

Not much. I just heard that before a new medicine goes to market, it is necessary to do clinical trials. I thought that maybe they take participants in several groups and give them different doses of a medicine or a placebo to compare the results. That was my general knowledge of clinical trials before.

What motivated you to participate in one of our clinical studies?

I was curious about clinical trials. I wanted to experience this. And I would be happy if it's a little contribution to science.

Why did you choose this study?

There was only one study for Chinese participants. I was called by the Pfizer staff and was told that I was eligible for this study. As I was interested in it, I subscribed.

How do you reconcile participating in a study with your professional life?

I am a university student. I have some free time and most of the courses are online now. I took two online exams during my first week in the PCRU. When I said that I had two exams to take in the first week of the trial, the staff gave me a separate room, which allowed me to take the exams. Otherwise, I think that I wouldn't have been able to participate in the trial. I'd like to thank the staff for their cooperation. As a participant, I feel respected and well taken care of.

How do you spend your time at the PCRU?

During the first week, I studied a lot to prepare my exams. After the exams, I relaxed and read books, watched TV and so on. Most of the time, I surf on the internet as if I were at home.

Have you befriended other participants?

Not many, maybe because of my character. I like being quiet. I enjoy the clean and tidy environment in the PCRU.

Do you find the imposed constraints bearable?

Yes. I don't feel a lot of constrains. I feel relaxed here. And the food is delicious. We also have snacks in the evening after dinner. All is fine for me.

What advice would you give to new participants?

As we have much free time here, new participants should bring books they want to read, but don't have time to. Of course, having one's laptop is always useful. They could really feel relaxed here.

SECOND TESTIMONIAL

How did you hear about the Pfizer Clinical Research Unit (PCRU)?

A few months ago, I saw on the internet an advertisement which redirected me to the ClinLife website. After registration, the PCRU staff contacted me for the first time by phone and told me more about the selection criteria. We stayed in touch for a few months until my formal participation.

Did you know before what clinical research is?

Yes, I had a basic understanding of what clinical research is. I was also aware of the potential risks that might happen to participants. However, I never had the opportunity to experience a clinical study in my life.

What motivated you to participate in one of our clinical studies?

Firstly, I was curious about what it feels like to participate in a clinical study. Human beings are always curious about the unknown and new experiences. Secondly, a decent amount of compensation was offered.

Why did you choose this study?

The PCRU was recruiting Chinese participants at that time and I was told by the staff that I would be allowed to take part in other studies. Hence, I chose this study as my first clinical trial. These days have been great and I am willing to participate in other studies in the future.

How do you reconcile participating in this study with your professional life?

Remote working and studying make things possible.

How do you spend your time at the PCRU?

Except for the scheduled clinical events, I've been spending most of my time studying and working in the reading room, less time on leisure.

Have you befriended other participants?

Yes.

Do you find the imposed constraints bearable?

Yes, these constraints are totally bearable. They make me keep a regular schedule every day and feel less uncertainty, as I enjoy doing things regularly according to schedule.

What advice would you give to new participants?

- 1. Trust the expertise of the physicians and nurses.
- 2. Obey the rules and regulations of the PCRU.
- 3. Be honest with everything you feel and every subtle symptom you might have during the entire period of the study.
- 4. Staff who speak your mother tongue will be quite helpful when you face issues and problems during the study. Or if you have any questions about pharmaceutical technical terms, language barriers and so on, they will do a great favor for you.

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